



Dr. Blosa Science

Sponsored by  
**The Science Foundation College**  
**Uganda East Africa**  
Senior one to senior six

+256 778 633682 0753 143413

Based on, Best for Science

digitalteachers.co.ug



Nuture your dreams

## A-level New Curriculum IRE

### SENIOR Five term 3

### TOPIC 1/5: Selected Surahs from the Holy Qur'an

**Competency:** The learner analyses selected Qur'anic Surahs and applies their teachings to real-world scenarios and contemporary issues.

**Objective 1:** Interpret the key themes in Surat Al Fatiha for divine guidance on the straight path and be able to apply its lessons for their own personal reflection and prayer practices.

**Surat al-Fātiḥa (The Opening)** is the very first chapter of the Qur'an and holds a central place in Islamic faith and practice. It is often described as the *essence* of the Qur'an because of its comprehensive themes of worship, guidance, and divine mercy.

#### Overview

**Name:** *Al-Fātiḥa* means *The Opening*, as it opens the Qur'an.

**Length:** 7 verses.

**Status:** Considered the most recited chapter—Muslims recite it in every unit (*rak'ah*) of their daily prayers.

**Role:** Functions as both a prayer and a summary of the Qur'an's core message.

#### Key Themes of Surat al-Fātiḥa

##### 1. Praise and Gratitude to Allah (Verses 1–2)

*"All praise is due to Allah, Lord of the worlds. The Most Compassionate, the Most Merciful."*

- **Theme:** Recognition of God's sovereignty, mercy, and care.

- **Reflection:** Begin prayer with gratitude, acknowledging that all blessings come from God.
- **Practice:** Cultivate daily thankfulness—seeing life’s gifts as signs of divine mercy.

## 2. Acknowledging God’s Authority (Verse 3–4)

*"Master of the Day of Judgment."*

- **Theme:** Accountability and ultimate justice.
- **Reflection:** Remember that life is purposeful, and actions have consequences.
- **Practice:** Align choices with ethical responsibility, mindful of divine accountability.

## 3. Exclusive Devotion and Dependence (Verse 5)

*"You alone we worship, and You alone we ask for help."*

- **Theme:** Tawḥīd (oneness of God) and reliance on Him.
- **Reflection:** True strength comes from surrendering to God’s will.
- **Practice:** In prayer, reaffirm dependence on God for guidance, strength, and provision.

## 4. Seeking Guidance on the Straight Path (Verses 6–7)

*"Guide us to the straight path—the path of those You have blessed, not of those who incur Your anger or go astray."*

- **Theme:** Divine guidance, moral clarity, and avoidance of misguidance.
- **Reflection:** Life’s journey requires constant guidance to remain on the path of righteousness.
- **Practice:** Use this verse as a daily reminder to seek clarity in decisions, humility in learning, and steadfastness in faith.

## 5. Key Ethical and Spiritual Lessons

- **Humility:** Recognizing human dependence on God.
- **Gratitude:** Praising God for His mercy and blessings.
- **Responsibility:** Living with awareness of accountability.
- **Guidance:** Seeking divine direction in all aspects of life.
- **Unity of purpose:** Worship and reliance directed solely to God.

## 6. Application in Personal Reflection and Prayer

- Begin prayers with **gratitude and praise**, setting a tone of humility.
- Reflect on **God’s mercy and justice**, balancing hope and accountability.

- Reaffirm **exclusive devotion**—reminding oneself to avoid distractions or misplaced reliance.
- Make the supplication for guidance (straight path) a **personal plea for clarity** in daily challenges.
- Use Al-Fātiḥa as a **spiritual compass**—a reminder that prayer is not ritual alone, but a conscious alignment with divine values.

**Summary:** Surat al-Fātiḥa is a concise yet profound prayer that teaches gratitude, accountability, devotion, and the constant need for divine guidance. Applied in personal reflection, it helps believers cultivate humility, ethical responsibility, and reliance on God, making every prayer a renewal of commitment to walk the straight path.

**Objective 2:** Analyse the circumstances that led to the revelation of Surahs Al-Dhuha, Al-Inshirah, and Al-Kauthar explaining their Qur'anic teachings, focusing on hope, tolerance, blessings, humility, and developing critical thinking and problem solving skills.

### Overview of Surahs Al-Dhuha, Al-Inshirah, and Al-Kauthar

#### 1. Surah Al-Dhuha (The Morning Brightness, Chapter 93)

- **Theme:** Reassurance and hope.
- **Context:** Revealed after a pause in revelation, when the Prophet Muhammad ﷺ felt distressed and opponents mocked him.
- **Message:**
  - Allah has not abandoned His Prophet.
  - The future will be better than the past.
  - Reminds of God's care: protection as an orphan, guidance, and provision.
  - Encourages kindness to orphans and the needy.
- **Values promoted:** Hope, compassion, resilience, and trust in divine mercy.

#### 2. Surah Al-Inshirah (The Relief, Chapter 94)

- **Theme:** Ease after hardship.
- **Context:** Revealed to comfort the Prophet during times of difficulty and opposition.
- **Message:**
  - Allah expanded the Prophet's chest, easing his burdens.
  - With hardship comes ease—repeated twice for emphasis.
  - Encourages perseverance and devotion to God.
- **Values promoted:** Tolerance, patience, humility, and resilience in facing challenges.

### 3. Surah Al-Kauthar (Abundance, Chapter 108)

- **Theme:** Blessings and gratitude.
- **Context:** Revealed when the Prophet faced ridicule after the death of his son, with opponents calling him “cut off” (without legacy).
- **Message:**
  - Allah has granted the Prophet *Al-Kauthar* (abundant blessings, often interpreted as a river in Paradise or spiritual abundance).
  - Command to pray and sacrifice as acts of gratitude.
  - Assurance that opponents will be cut off, not the Prophet.
- **Values promoted:** Gratitude, humility, spiritual focus, and confidence in divine support.

#### ✓ Summary

- **Al-Dhuha:** Teaches hope and compassion.
- **Al-Inshirah:** Teaches patience and resilience.
- **Al-Kauthar:** Teaches gratitude and humility.

Together, these Surahs provide **divine guidance for overcoming hardship, staying hopeful, and focusing on blessings**, making them deeply relevant for personal reflection and prayer practices.

#### Details of Surahs Al-Dhuha, Al-Inshirah, and Al-Kauthar

**Surahs Al-Dhuha, Al-Inshirah, and Al-Kauthar** were revealed during moments of challenge and uncertainty in the Prophet Muhammad’s (ﷺ) life, offering reassurance, hope, and guidance. Together, they emphasize divine mercy, resilience, gratitude, and humility—values that foster ethical living, tolerance, and problem-solving in society.

### 1. Surah Al-Dhuha (93) – Hope and Reassurance

- **Circumstances of Revelation:** After a period when revelation paused, opponents mocked the Prophet, claiming Allah had abandoned him.
- **Key Teachings:**
  - Allah reassures the Prophet: “*Your Lord has not forsaken you nor is He displeased*” (93:3).
  - The future will be better than the present (93:4).
  - Reminds him of past blessings: protection as an orphan, guidance, and provision (93:6–8).
- **Ethical Themes:**
  - **Hope:** Encourages patience during hardship.

- **Compassion:** Care for orphans and the needy (93:9–10).
- **Problem-solving:** Teaches resilience—trusting that challenges are temporary and solutions will come.

## 2. Surah Al-Inshirah (94) – Relief and Resilience

- **Circumstances of Revelation:** Revealed after Al-Dhuha, continuing reassurance to the Prophet during times of difficulty and opposition.
- **Key Teachings:**
  - Allah expanded the Prophet’s chest (94:1), easing his burdens.
  - With hardship comes ease (94:5–6).
  - Encourages perseverance and devotion (94:7–8).
- **Ethical Themes:**
  - **Tolerance:** Teaches patience in adversity.
  - **Humility:** Recognizing that relief comes from God.
  - **Critical Thinking:** Encourages believers to see challenges as opportunities for growth and solutions.

## 3. Surah Al-Kauthar (108) – Blessings and Gratitude

- **Circumstances of Revelation:** Revealed when the Prophet faced ridicule after the death of his son, with opponents calling him “cut off” (without legacy).
- **Key Teachings:**
  - Allah grants the Prophet *Al-Kauthar* (abundant blessings, often interpreted as a river in Paradise or spiritual abundance).
  - Command to pray and sacrifice (108:2).
  - Assurance that opponents will be cut off, not him (108:3).
- **Ethical Themes:**
  - **Blessings:** Recognizing divine gifts even in loss.
  - **Humility:** Responding to mockery with worship, not retaliation.
  - **Problem-solving:** Teaches gratitude and spiritual focus as tools to overcome grief and criticism.

#### 4. Integrated Ethical Lessons

Surah	Circumstance	Key Value	Application
Al-Dhuha	Pause in revelation, ridicule	Hope, compassion	Trust in God's plan, care for vulnerable
Al-Inshirah	Burdens of mission	Tolerance, resilience	See hardship as temporary, persevere
Al-Kauthar	Loss of son, mockery	Blessings, humility	Respond with gratitude and worship

#### 5. Developing Critical Thinking and Problem-Solving

- **Hope in adversity:** Teaches believers to reframe challenges as temporary and purposeful.
- **Tolerance and humility:** Encourages patience and non-retaliation, fostering peaceful solutions.
- **Gratitude for blessings:** Shifts focus from loss to abundance, helping individuals find strength in faith.
- **Resilience:** Builds problem-solving skills by reminding believers that ease follows hardship.

**Summary:** Surahs Al-Dhuha, Al-Inshirah, and Al-Kauthar were revealed in moments of difficulty to reassure the Prophet Muhammad (ﷺ). Their teachings emphasize hope, tolerance, blessings, humility, and resilience—values that not only strengthen personal faith but also cultivate ethical responsibility, critical thinking, and problem-solving in society.

**Objective 3:** Examine the circumstances surrounding the revelation of Surah Al-Tin (95) to reflect on ethical conduct and the importance of striving for righteousness

**Surah Al-Tin (95)** is a Makkan chapter of the Qur'an, revealed during a period of strong opposition to the Prophet Muhammad ﷺ in Makkah. It emphasizes human dignity, accountability, and the importance of striving for righteousness. The circumstances of its revelation highlight the ethical need to resist corruption, uphold justice, and live with integrity despite societal pressures.

##### 1. Overview of Surah Al-Tin (95)

- **Name:** *Al-Tin* (The Fig), named after the opening oath.
- **Length:** 8 verses.
- **Type:** Makkan Surah.
- **Theme:** Human beings are created in the best form but can fall to the lowest state if they reject faith and righteousness.

## 2. Circumstances of Revelation

- Revealed in **Makkah after Surah Al-Burūj**, during a time when the Prophet and early Muslims faced **mockery, persecution, and resistance** from the Quraysh.
- The society was steeped in **idol worship, tribal pride, and materialism**, and the Prophet's call to monotheism and ethical conduct was ridiculed.
- Surah Al-Tīn was revealed to **remind believers of their noble creation and moral responsibility**, encouraging them to remain steadfast despite hostility.

## 3. Key Qur'anic Teachings

- **Human dignity:** *"We created man in the best of stature"* (95:4).
  - Humans are endowed with intellect, morality, and spiritual potential.
- **Accountability:** Those who reject faith fall to "the lowest of the low" (95:5).
  - Ethical decline results from ignoring divine guidance.
- **Reward for righteousness:** Believers who act justly will have an unending reward (95:6).
- **Divine justice:** Allah is the ultimate Judge (95:8).

## 4. Ethical Reflections

- **Hope and responsibility:** Even in hardship, believers must strive for righteousness, knowing their dignity comes from God.
- **Moral conduct:** Ethical living—truthfulness, justice, compassion—is the path to preserving human nobility.
- **Critical thinking:** The Surah invites reflection on human purpose, urging believers to question materialism and corruption.
- **Problem-solving:** By focusing on righteousness, believers can navigate social hostility with patience and integrity.

## 5. Lessons for Personal and Social Life

- **Personal reflection:** Recognize your noble creation and strive to live up to it through ethical choices.
- **Family and community:** Uphold justice, compassion, and respect, strengthening social bonds.
- **Society:** Resist corruption and oppression, promoting fairness and accountability.
- **Prayer practice:** Use Surah Al-Tīn as a reminder to ask for guidance in maintaining dignity and righteousness.

**Summary:** Surah Al-Tīn (95) was revealed in Makkah when the Prophet faced ridicule and opposition. It teaches that humans are created in the best form but must strive for righteousness to preserve their dignity. Its lessons—hope, accountability, justice, and ethical conduct—remain timeless, guiding believers to live with integrity and resist moral decline.

**Objective 4:** Interpret the themes of Surahs Al-Qadr (97) and Al-Asr (103) by analysing their messages to enhance personal reflection, spiritual growth, and effective time utilisation in daily life.

## Surah Al-Qadr (97) – The Night of Power

### 1. Basic Information

- **Name:** *Al-Qadr* (The Night of Power/Decree).
- **Location in Qur'an:** Chapter 97.
- **Verses:** 5 short verses.
- **Type:** Makkan Surah.

### 2. Main Themes

- **Revelation of the Qur'an:** It was revealed on *Laylat al-Qadr* (the Night of Power).
- **Greatness of the Night:** This night is described as “*better than a thousand months*” (97:3).
- **Angelic Descent:** Angels and the Spirit (Jibrīl) descend with God’s decree (97:4).
- **Peace and Mercy:** The night is filled with divine peace until dawn (97:5).
- **Spiritual Opportunity:** This night symbolizes immense mercy, forgiveness, and blessings.

### 3. Circumstances of Revelation

- Revealed in Makkah to emphasize the **immense value of the Qur'an** and the **special status of Laylat al-Qadr**.
- It reassured the Prophet Muhammad ﷺ and his followers of the **power of divine guidance**, even in times of hardship.

### 4. Ethical and Spiritual Lessons

- **Value of Guidance:** The Qur'an is a source of light and direction for humanity.
- **Hope and Renewal:** Even one night of sincere devotion can outweigh years of neglect.
- **Humility:** Recognize that blessings come from God’s mercy, not human effort alone.
- **Effective Time Utilisation:** Teaches believers to seize special opportunities for worship and reflection.

### 5. Application in Daily Life

Page | 8: Please find free notes, exams and marking guide on [digitalteachers.co.ug](https://digitalteachers.co.ug) website in all subjects from primary one to senior six

- **Personal Reflection:** Use moments of prayer to seek clarity and renewal—just as Laylat al-Qadr transforms destiny, we can transform our lives through repentance and commitment
- **Spiritual Growth:** Dedicate time to worship, recognize that moments of sincere devotion can outweigh years of neglect. Small acts of worship, if done sincerely, carry immense value
- **Time Management:** Recognize that small, consistent acts of devotion can have immense impact. It also teaches us to value special opportunities and maximize them. One night of devotion can change the course of a lifetime.
- **Ethical Conduct:** Live with awareness that divine decrees shape destiny, so align actions with righteousness.

## Surah Al-‘Asr (103) – The Value of Time

### 1. Basic Information

- **Name:** Al-‘Asr (The Time, or The Declining Day).
- **Location in Qur’an:** Chapter 103.
- **Verses:** 3 short verses.
- **Type:** Makkan Surah.

### 2. Main Themes

- **Time as a Witness:** Allah swears by time, highlighting its importance and the reality that it passes quickly.
- **Human Loss:** *“Indeed, mankind is in loss”* (103:2) — most people waste their lives in heedlessness.
- **Keys to Success:** The Surah identifies four qualities that save people from loss (103:3):
  1. **Faith (Iman)** – belief in God and His guidance.
  2. **Righteous deeds (‘Amal Ṣāliḥ)** – living ethically and doing good.
  3. **Encouraging truth (Tawāṣī bi’l-Ḥaqq)** – supporting justice and honesty.
  4. **Encouraging patience (Tawāṣī bi’l-Ṣabr)** – practicing perseverance and resilience.

### 3. Circumstances of Revelation

- Revealed in **Makkah**, during a time when the Prophet ﷺ was calling people to faith amidst widespread disbelief and materialism.
- It served as a **reminder of life’s brevity** and the urgent need to use time wisely for faith and good deeds.

#### 4. Ethical and Spiritual Lessons

- **Time as a Witness:** “By time, indeed mankind is in loss...” (103:1–2), i.e. time is a divine trust; wasting it leads to loss.
- **Holistic Success:** True success requires both belief and action.
- **Community Responsibility:** Believers must encourage one another in truth and patience, fostering collective resilience.
- **Critical Reflection:** The Surah urges self-examination—how am I using my time, and am I aligning it with faith and justice?
- **Human Accountability:** Most people waste time and fall into loss unless they live with faith and good deeds.
- **Keys to Success:** Faith, righteous action, encouraging truth, and patience (103:3).

#### 5. Application in Daily Life

- **Personal Reflection:** End each day by asking: *Did I use my time for faith, good deeds, truth, and patience?*
- **Spiritual Growth:** Balance worship with ethical action—faith must be lived, not just believed.
- **Time Utilisation:** Prioritize meaningful activities over distractions; treat time as precious.
- **Social Ethics:** Support others in truth and patience, building a just and compassionate community.

#### 6. Integrated Ethical and Spiritual Lessons

Surah	Core Theme	Daily Application
Al-Qadr (97)	Value of divine opportunities	Seize moments of worship, renewal, and mercy
Al-‘Asr (103)	Value of time	Live purposefully with faith, good deeds, truth, and patience

#### 7. Practical Applications

- **Personal Reflection:** End each day by asking: *Did I use my time for faith, good deeds, truth, and patience?*
- **Spiritual Growth:** Dedicate special times (like Laylat al-Qadr or daily prayer moments) to reconnect with God.
- **Time Utilisation:** Treat time as a sacred trust—avoid wasting it on distractions, and invest it in meaningful acts that benefit yourself and others.

**Summary:** Surah Al-Qadr teaches us to value divine opportunities and recognize the transformative power of sincere devotion. Surah Al-‘Asr reminds us that time is precious and most people waste it unless they live with faith, good deeds, truth, and patience. Together,

they inspire believers to live purposefully, grow spiritually, and use time wisely for ethical and eternal success.

**Objective 5:** Analyse the circumstances surrounding the revelation of Surahs Al-Fil (105), Al-Lahab (111), and Al-Nasr (110) and analyse their moral and spiritual lessons to reflect on ethical conduct, divine protection.

## 1. Surah Al-Fil (105) – The Elephant

### Circumstances of Revelation

- Refers to the famous **Year of the Elephant (570 CE)**, when Abraha, the Christian governor of Yemen, marched with an army (including elephants) to destroy the Ka'bah in Makkah.
- Allah protected the Ka'bah by sending flocks of birds (*ṭayran abābīl*) that destroyed the army with stones of baked clay.
- Revealed in Makkah to remind Quraysh of God's protection of His sacred House.

### Moral and Spiritual Lessons

- **Divine Protection:** God safeguards His sacred places and His chosen people.
- **Human Limitation:** Even powerful armies are powerless against divine will.
- **Ethical Conduct:** Encourages humility—no worldly power should lead to arrogance.
- **Faith in God's Plan:** Believers should trust in divine protection during adversity.

## 2. Surah Al-Lahab (111) – The Flame

### Circumstances of Revelation

- Revealed in Makkah about **Abū Lahab**, the Prophet's uncle, who fiercely opposed Islam and insulted the Prophet.
- He and his wife spread hostility, mocked the Prophet, and tried to block his mission.
- The Surah foretold their destruction: "*Perish the hands of Abū Lahab...*" and condemned his wife as a carrier of firewood.

### Moral and Spiritual Lessons

- **Accountability:** Wealth and status cannot save one from divine justice.
- **Ethical Conduct:** Warns against arrogance, hostility, and cruelty.
- **Truth vs. Falsehood:** Even close relatives are accountable if they oppose truth.
- **Spiritual Lesson:** Faith and righteousness, not lineage or power, determine salvation.

### 3. Surah Al-Naşr (110) – The Divine Help

#### Circumstances of Revelation

- Revealed in Madinah, near the end of the Prophet’s mission.
- It foretold the **victory of Islam** and the mass entry of people into the faith after the conquest of Makkah (630 CE).
- It also signaled the **completion of the Prophet’s mission** and, according to many scholars, foreshadowed his approaching death.

#### Moral and Spiritual Lessons

- **Gratitude and Humility:** Victory is from God, not human effort.
- **Ethical Conduct:** Success should lead to humility, not arrogance.
- **Spiritual Growth:** Encourages constant glorification (*tasbīh*) and seeking forgiveness (*istighfār*).
- **Divine Protection:** Shows that God supports His messengers and truth ultimately prevails.

### 4. Integrated Ethical and Spiritual Reflections

Surah	Circumstance	Key Lesson	Ethical Reflection
<b>Al-Fīl (105)</b>	Protection of Ka’bah from Abraha’s army	Divine protection	Trust God in adversity; avoid arrogance
<b>Al-Lahab (111)</b>	Condemnation of Abū Lahab’s hostility	Accountability	Wealth/status cannot shield from justice
<b>Al-Naşr (110)</b>	Victory of Islam, mass conversions	Gratitude & humility	Success requires humility, worship, and repentance

#### Summary

- **Al-Fīl** teaches reliance on divine protection and humility before God’s power.
- **Al-Lahab** warns against arrogance, hostility, and misuse of wealth, stressing accountability.
- **Al-Naşr** celebrates divine victory, urging gratitude, humility, and repentance.

Together, these Surahs remind believers that ethical conduct, humility, and trust in divine protection are essential for spiritual success and resilience in life.

**Thank you**

**DR. Bbosa Science**