



Senior 1 English (New curriculum)

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Dr. Bbosa Science SCIENCE COLLEGE
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Term 1

Topic 2/3: Appearance, Grooming and Etiquette

Competency: The learner uses appropriate language related to, and appreciates the importance of appearance, grooming and etiquette.

Lesson 1: Pronunciations

A student is required to practice the production of vowels sounds (/ɔ:/ as in water, walk; /ou:/ as in caught, bought, /ʊ/ as in wood, book; /ə/; /ɒ/ as in top, hot, /æ/ as in hat.

Practice tips

- (i) **say the words loudly**
- (ii) Read the words in pairs (like *cat* vs *cut*, *hot* vs *hat*) to highlight differences.
- (iii) Use these words in **short sentences** so students hear the sounds in context.

Exercise 1

Read these words loudly.

Sound	Example Words (5 each)
/ɔ:/ (as in <i>water, walk</i>)	water, walk, talk, daughter, law
/ou:/ (as in <i>caught, bought</i>)	caught, bought, thought, brought, fought
/ʊ/ (as in <i>wood, book</i>)	wood, book, good, foot, put
/ə/ (schwa)	about, teacher, banana, sofa, family
/ɒ/ (as in <i>top, hot</i>)	top, hot, not, dog, box
/æ/ (as in <i>hat</i>)	hat, cat, bag, map, man



Meanings of appearance, grooming and etiquette

(i) **Appearance:** How a person looks on the outside — clothing, hairstyle, cleanliness, and overall presentation.

Example: A neat uniform shows good appearance at school.

(ii) **Grooming:** Taking care of yourself to stay clean and tidy — washing, combing hair, trimming nails, and dressing properly.

Example: Brushing teeth every morning is part of good grooming.

(iii) **Etiquette:** Polite behavior and good manners in social situations — how you speak, act, and treat others.

Example: Saying “please” and “thank you” shows good etiquette.

Exercise 2

Fill in the blanks with *appearance*, *grooming*, or *etiquette*.

1. Washing your hands before eating is part of good _____.
2. Wearing clean clothes to school shows good _____.
3. Saying “excuse me” when you interrupt someone is good _____.
4. Combing your hair every morning is part of _____.
5. Smiling and greeting people politely is good _____.
6. Why is good appearance important in school?
7. Give one example of grooming at home.
8. What word describes polite behavior in social life?
9. How does grooming show respect for others?
10. What is the difference between appearance and etiquette?

Suggested Answers to exercise 2

1. Washing your hands before eating is part of good **grooming**.
2. Wearing clean clothes to school shows good **appearance**.
3. Saying “excuse me” when you interrupt someone is good **etiquette**.
4. Combing your hair every morning is part of **grooming**.
5. Smiling and greeting people politely is good **etiquette**.
6. Good appearance is important in school because it shows neatness and discipline.
7. One example of grooming at home is brushing your teeth every morning, trimming hair or trimming nails.
8. The word that describes polite behavior in social life is **etiquette**.
9. Grooming shows respect for others because it keeps you clean, odorless and pleasant to be around.
10. Appearance is how you look on the outside, while etiquette is how you behave with others.

Exercise 3

Read the story and answer the questions that follows in full sentences.

The School Celebration

Last Friday, our school held a big celebration. All the students were excited. My friend Sarah came in her neat uniform. Her shoes were polished, and her hair was well-combed. Her good **appearance** made her look confident.

John also showed excellent **grooming**. He brushed his teeth, trimmed his nails, and wore clean clothes. Everyone admired how tidy he was.

During the event, our class had visitors. We showed good **etiquette** by greeting them politely, saying “welcome,” and listening carefully when they spoke. We also said “thank you” after receiving gifts.

At the end of the day, our teacher praised us. She said that good appearance, grooming, and etiquette make us respected and valued. We all felt proud because we learned that these values are important in school and in life.

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Questions

1. Who came in a neat uniform?
2. What did John do to show good grooming?
3. How did the students show good etiquette to the visitors?
4. What three values did the teacher praise?
5. Why are appearance, grooming, and etiquette important?

Suggested Answers

1. Sarah came in a neat uniform.

2. John brushed his teeth, trimmed his nails, and wore clean clothes.
3. The students greeted the visitors politely, listened carefully, and said “thank you.”
4. The teacher praised good appearance, grooming, and etiquette.
5. They are important because they make people respected and valued.

Exercise 4

Read the poem and answer the questions that follows in full sentences.

Shining Values

Good appearance shows we care,
Clean clothes and neat hair everywhere.

Grooming daily keeps us bright,
Brushing teeth and nails cut right.

Etiquette makes our voices kind,
“Please” and “thank you” stay in mind.
Respect and manners guide our way,
They bring us joy each passing day.

Together these values help us grow,
In school and life, they always show.
Appearance, grooming, etiquette too,
Make us proud in all we do.

Dr. Aida Namitala

Questions

1. What does good appearance show?
2. Name two examples of grooming in the poem.
3. Which polite words are mentioned as part of etiquette?
4. What do appearance, grooming, and etiquette help us do?
5. Why do these values make us proud?

Suggested Answers

1. Good appearance shows we care.
2. Brushing teeth and cutting nails.
3. "Please" and "thank you."
4. They help us grow in school and life.
5. Because they guide us and make us respected in all we do.

Vocabulary

- ◆ **Appearance:** Neat, Clean, Smart, Polished, Presentable
- ◆ **Grooming:** Hygiene. Combed, Trimmed. Brushed, Tidy
- ◆ **Etiquette:** Polite. Respectful, Courteous, Manners, Kind

Example Sentences

- (i) A student should look **neat** and **presentable** in class.
- (ii) Good **hygiene** means brushing teeth and keeping nails **trimmed**.
- (iii) Saying "please" and "thank you" shows **courteous** behavior and good **manners**.

Exercise 5

1. Which word means "looking smart and tidy"?
2. What vocabulary word describes "personal cleanliness"?
3. Which word means "showing respect in behavior"?
4. Give one word related to grooming that means "hair arranged properly."
5. Which word shows polite social behavior?

Suggested Answers

1. Presentable (or neat).
2. Hygiene.
3. Respectful.
4. Combed.

5. Etiquette (or manners).

Exercise 6

Read the dialogue below and answer the questions that follow in full sentences

Preparing for the School Event

Mary: You look very **neat** today, John. Your uniform is so **clean** and **presentable**.

John: Thank you, Mary. I made sure my hair was **combed** and my nails were **trimmed**. Good **grooming** is important.

Mary: Yes, it shows respect for yourself and others. I also like how you are always **polite** to teachers.

John: That's part of good **etiquette**. Saying "please" and "thank you" makes people feel respected.

Mary: I agree. If we all show good **appearance**, practice **hygiene**, and use good **manners**, our class will be admired.

John: Exactly. These values help us succeed not only in school but also in life.

Questions

1. Which words did Mary use to describe John's uniform?
2. What grooming habits did John mention?
3. What polite words are part of good etiquette?
4. Why does Mary say appearance, grooming, and etiquette are important?
5. What does John say these values help us do?

Suggested Answers

1. Mary said John's uniform was **neat, clean, and presentable**.
2. John mentioned that his hair was **combed** and his nails were **trimmed**.
3. The polite words are "**please**" and "**thank you**."
4. Mary says they are important because they make the class admired.
5. John says these values help us succeed in school and in life.

Exercise 7

1. Make any three comments on appearance of any your fellow students in the class.
2. Make any three recommendation resulting from your observations

Prepositions

Prepositions are **small words** in English that show the relationship between other words in a sentence. They often tell us about **place, time, direction, cause, manner, or means**.

Definition

A **preposition** is a word placed before a noun or pronoun to show its connection with another word in the sentence.

Examples Related to Appearance, Grooming, and Etiquette

Appearance:

- (i) She is **neat in** her uniform.
- (ii) His shoes are polished **on** the surface.
- (iii) She is smart **in** clothes
- (iv) They were presentable **in** public
- (v) My father was dressed **for** success

Grooming:

He is careful **with** hygiene.

Her hair is combed **with** a brush.

He used to be clean **in** habits

Her hair was trimmed **with** scissors

They combed **with** a brush

Etiquette:

We must be respectful **to** elders.

She is polite **in** speech.

They were courteous **with** friends

Jesus was kind **to** strangers

He was good **at** manners

Exercise 8

Use the correct preposition to complete the sentences

1. John is neat _____ her uniform.
2. My mother is careful _____ hygiene every day.
3. We are respectful _____ their teachers.
4. My shoes are polished _____ the surface.
5. We are courteous _____ visitors.

Suggested Answers

1. in 2. with 3. to 4. on 5 with

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Thank you

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